



GoWell Panel Advert

This snapshot contains a copy of the GoWell Panel Advert we used for recruiting Panel members. See the recruitment snapshot for criteria and methods used.

GoWell is a 10-year research and learning programme. Since 2006 GoWell has been investigating how housing and neighbourhood regeneration has affected residents' health and wellbeing in 15 areas of Glasgow¹:

Birness Drive	Carntyne	Castlemilk	Drumchapel
Gorbals Riverside	Govan	Red Road	Riddrie
Scotstoun	Shawbridge	Sighthill	St Andrews Drive
Townhead	Wider Red Road		Wider Scotstoun

GoWell has important messages from its research to share with community groups and residents. These messages include a range of topics, including:

- how the home, neighbourhood and people can affect health (physical, mental and emotional health)
- experiences, expectations and hopes of residents as they live through major regeneration
- financial stress and health
- importance of working with communities as well as improving homes and building new ones
- what it's like for young people living through regeneration
- control communities have and their inclusion in decisions.

Why does GoWell need a Panel?

GoWell is committed to understanding how its research findings can be usefully interpreted and made accessible to communities. To do this, GoWell would like to work with a panel of residents from GoWell's 15 study areas. Ideas and learning from the panel will be shared across the GoWell network of housing associations and community-based organisations and help inform future research.

What do we mean by a Panel?

The Panel will be a group of individual residents who are members of local community-based organisations. The Panel will work together to help GoWell understand how its research about communities can be most useful to those communities. Panel members are not expected to represent their entire communities or their community-based organisation. Instead, they are asked to use their own experiences and ideas to suggest how GoWell's research might be useful and to help GoWell understand more about the local communities. Panel members will be fully supported and equipped with the necessary resources and skills to participate.

Who GoWell is looking for:

- A total of 12 – 15 residents from GoWell's 15 study areas.
- All ages, backgrounds, genders, abilities and nationalities most welcome.

¹ For more information on the GoWell study areas, go to: www.gowellonline.com/community



- Curious minds and commitment to sharing ideas.
- People who can commit to one session that will last 4 hours, every 1-2 months until February 2016.

What's involved:

- The Panel will gather as a group every 1-2 months until February 2016.
- Each session will be an informal and participative workshop.
- The Panel will visit different areas of Glasgow to see the variety of housing generation in progress, meet some housing associations and community groups working in the GoWell areas.
- The Panel will learn about the ways in which GoWell has undertaken its research and key results.
- Based on GoWell's key results, the Panel will work as a group to suggest ways that these could be usefully interpreted and used by communities.
- Travel expenses and lunch will be provided. Any other requirements, such as childcare expenses, interpreters or personal assistants will be arranged according to individual requirements.

What Panel Members will gain:

- New skills, especially skills in: interpreting research results, understanding that research methods can vary and generate a range of insights, and group work.
- Empowered learning – Panel Members will be supported and encouraged to identify individual learning aims as well as the group aims of the Panel.
- Meet new people from all walks of life.
- Opportunity to complete a Youth Achievement Award or a Community Achievement Award, which are recognised within the Scottish Credit and Qualifications Framework.
- Increased confidence.

What community groups and the GoWell Network will gain:

- Panel Members will feedback to their community-based organisations between sessions, building on their capacity to contribute new skills and ideas.
- The GoWell Network will receive learning and ideas produced by the GoWell Panel.